

COOKS COUNSELING, PLLC

'WHERE YOU CAN FIND HOPE AND HEALING'

Professional Disclosure Statement

Jenifer K. Cooks, LPC, NCGCII

Welcome to Cooks Counseling, PLLC. I am pleased you have chosen this practice to receive counseling services. I commit to you to provide the highest quality of care during this time.

Qualifications:

I am a graduate of Northwestern Oklahoma State University in Alva, Oklahoma, with a Master's degree in Counseling. I am currently a Licensed Professional Counselor with the State of Texas as well as a Nationally Certified Gambling Counselor.

Experience:

I have worked as a Counselor since 2000. In 2004, I received my full licensure as a Licensed Professional Counselor for the State of Oklahoma. In 2009, I became licensed in the State of Texas after relocating to Texas. I have extensive experience working with children, women, and families due to working with child welfare in the State of Oklahoma for over 14 years. I have a over 11 years teaching Sunday school to children and youth.

Nature of Counseling:

The therapeutic process I utilize is called Cognitive Behavior therapy. This approach focuses on how our thinking affects our behavior, both positive and negative. My role is to help the client recognize his/her potential. I believe it is important to meet the client "where they are" and go forward from there. I believe respect and hope are rights of each and every client.

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